

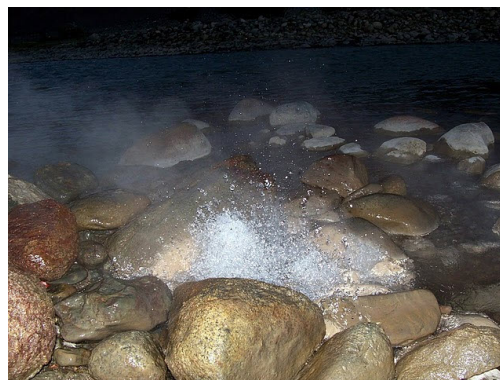


**Saturday 11 February**

**Our Daily Bread** led by Br Sam. In a world where millions go hungry because of an insufficient diet and an almost equal number are struggling to cope with obesity, we urgently need to recognise some of the issues involved. This day will explore our relationship with food - where it comes from, how it is produced, how we can feed a world population of more than seven billion and how we can adjust our patterns of growing, preparing and eating. 10am to 4pm. A lunch of bread and soup will be provided. Suggested donation £10.

**Saturday 18 February**

**'Water Springs in the Wilderness'** a Pre-Lent Quiet Day. Individual and church groups are welcome. 10am to 4pm. Bread and soup provided. Suggested donation £10.



**Saturday 25 February**

**Snowdrop Day** with Br Vincent. Spend time exploring the beautiful grounds of Hilfield Friary. Bring a packed lunch. Donations to the National Garden Scheme.