

## Preparation for first session

**In the first session of the course we will be asking:**

What is worship?

Who is the God that Christians worship?

What are the elements of worship?

How does worship transform us?

**'What is it that you Christians do?'**

For each session of the course we will invite you to do a short piece of work in preparation. For the first session, imagine a conversation with a non Christian friend who may know little about the Christian faith. He or she is curious about why you go to church and would like to know more about what happens during a service. How would you help them understand?

A good way to go about this may be to jot down the kind of questions you think you might be asked and plan how you might respond.