

Peer support group for younger people with dementia in South and West Dorset

If you have dementia or are caring for someone with dementia and are under 70 years old you are welcome at our younger people's peer support group.



The group are very friendly and meet every two weeks, on alternate Mondays and Wednesdays from 10.30am to 12pm

[Please see reverse for programme of dates and venues](#)

For more information contact Alzheimer's Society local office on **01305 259740** or **Mel on 07525824899**

Or email melanie.gale@alzheimers.org.uk

[We look forward to seeing you!](#)

Programme for Winter 2015
10.30am - 12.00pm

- Wed 28th Jan Palm House, Commercial Road,
Weymouth, Dorset. DT4 7TZ
(pottery making and coffee)
- Mon 9th Feb The Engine Room, Poundbury
Garden Centre, Peverell Ave,
Dorchester, DT1 3RT
(coffee, cake and chat)
- Wed 25th Feb Kingston Lacy, Wimborne Minster,
Dorset, BH21 4EA
(visit to see the snowdrops! As well as
stop for a coffee)
- Mon 9th March The Engine Room, Poundbury
Garden Centre, Peverell Ave,
Dorchester, DT1 3RT
(coffee, cake and chat)
- Wed 25th March Abbotsbury Subtropical Gardens,
Buller's Way, Abbotsbury,
Weymouth, Dorset DT3 4LA
(walk around the gardens & coffee)