Luke 6: 47-49
As for everyone who comes to me and hears my words and puts them into practice, I will show you what they are like. They are like a man building a house, who dug down deep and laid the foundation on rock. When the flood came, the torrent struck that house but could not shake it, because it was well built. But the one who hears my words and does not put them into practice is like a man who built a house on the ground without a foundation. The moment the torrent struck that house, it collapsed and its destruction was complete.

We live in rapidly changing times! If you don’t believe me think about how your mobile phone has changed in the last few years. If statistics are to be believed you can expect to have, on average, 7 different careers in your life time. How does this make you feel? Worried? Anxious? Depressed? Excited?

Have you ever played the game JENGA? Imagine that your life is represented by that JENGA tower, and each block represents a person, a value, an activity? Some blocks need to be removed in order to build the tower higher. You can cope when some blocks are removed but if the important ones are removed the tower falls down.

A big part of life is learning to analyze which are the vital blocks your life is built on, to know which must stay and which might need to be removed to build higher.

What foundations are you building on?
What foundations are you laying down?
What foundations do you need to underpin?

'Sometimes good things fall apart so better things can fall together.'
Marilyn Monroe

God grant me the serenity to accept the things I cannot change; courage to change the things I can; and wisdom to know the difference.
Reinhold Niebuhr