

## Resources

### **Free Webinar: Leadership in Lockdown (2) - Rhythms, Rest and Focus**

Our immediate response to lockdown is done, but what now as we face ongoing uncertainties?

Many of us are feeling somewhat overwhelmed by recent weeks, and under pressure to get things sorted, so don't panic, this webinar isn't about heaping even more unrealistic expectations on you. Rather, we want to look at some of the 'slower' time things that it might be good to give attention to as we shift from our short to medium term response to what is happening.

In particular, we will explore finding new rhythms, embracing rest (including what to do about holidays), and maintaining focus, and identify 3 things we can do to keep going and keep focused for the long haul.

James Lawrence is Leadership Principal at CPAS, and teaches and trains on issues of leadership and mission around the country. And just like you, he is finding this season a heady mix of challenge and opportunity.

Details of dates in June and how to book are [here](#).