

Living one day at a time;
enjoying one moment at a time;
accepting hardships as the pathway to peace;
taking, as He did, this sinful world as it is,
not as I would have it;
trusting that He will make all things right
if I surrender to His Will;
that I may be reasonably happy in this life
and supremely happy with Him
forever in the next.
Amen.

May the risen Christ grant us the joys of eternal life.

Amen.

Let us bless the Lord. Alleluia, alleluia.

Thanks be to God. Alleluia, alleluia.

Compiled by Alan Jeans, Archdeacon of Sarum

Be true to the person God made you to be

Introduction

Blessed are you, Lord God of our salvation,
to you be praise and glory for ever.
As once you ransomed your people from Egypt
and led them to freedom in the promised land,
so now you have delivered us from the dominion of darkness
and brought us into the kingdom of your risen Son.
May we, the first fruits of your new creation,
rejoice in this new day you have made,
and praise you for your mighty acts.
Blessed be God, Father, Son and Holy Spirit.
Blessed be God for ever.

Reflections on School Assemblies – the most memorable ones

- *If you've led assemblies, you may not know the effect you had*

Psalm 17

¹Hear a just cause, O LORD; attend to my cry;
give ear to my prayer from lips free of deceit.
²From you let my vindication come;
let your eyes see the right.
³If you try my heart, if you visit me by night,
if you test me, you will find no wickedness in me;
my mouth does not transgress.
⁴As for what others do, by the word of your lips
I have avoided the ways of the violent.
⁵My steps have held fast to your paths;
my feet have not slipped.
⁶I call upon you, for you will answer me, O God;
incline your ear to me, hear my words.

⁷Wondrously show your steadfast love,
O saviour of those who seek refuge
from their adversaries at your right hand.
⁸Guard me as the apple of the eye;
hide me in the shadow of your wings,
⁹from the wicked who despoil me,
my deadly enemies who surround me.
¹⁰They close their hearts to pity;
with their mouths they speak arrogantly.
¹¹They track me down; now they surround me;
they set their eyes to cast me to the ground.
¹²They are like a lion eager to tear,
like a young lion lurking in ambush.
¹³Rise up, O LORD, confront them, overthrow them!
By your sword deliver my life from the wicked,
¹⁴from mortals—by your hand, O LORD—
from mortals whose portion in life is in this world.
May their bellies be filled with what you have stored up for them;
may their children have more than enough;
may they leave something over to their little ones.
¹⁵As for me, I shall behold your face in righteousness;
when I awake I shall be satisfied, beholding your likeness.

Reflection for the day - the treasure box

- *What do your treasured possessions say about you?*
- *What do they say about the God who made you?*

My vision - a poem

When you get what you want
In your struggle for self
And the world makes you king for a day,
Just go to the mirror and look at yourself
And see what that person has to say.

For it isn't your father or mother or wife,
Whose judgement upon you you must pass;
The fellow whose verdict
Counts most in your life
Is the one staring back from the glass.

You may fool the whole world
Down the pathway of years,
And get pats on the back as you pass;
But your final reward
Will be heartache and tears,
If you've cheated the person in the glass.

(Anonymous, in *Rainbows Through Clouds*)

Rejoicing in God's new creation,
as our Saviour taught us, so we pray
**Our Father in heaven,
hallowed be your name,
your kingdom come,
your will be done,
on earth as in heaven.
Give us today our daily bread.
Forgive us our sins
as we forgive those who sin against us.
Lead us not into temptation
but deliver us from evil.
For the kingdom, the power,
and the glory are yours
now and for ever.
Amen.**

God grant me the serenity
to accept the things I cannot change;
courage to change the things I can;
and wisdom to know the difference.